

CURRICULUM VITAE

Name: Maria (Melina)
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ACADEMIC QUALIFICATIONS:

- Dec. 2009- Dec. 2016: **Doctorate of Philosophy (PhD)**
Department of Nutrition and Dietetics, School of Health Science and Education,
Harokopio University of Athens
- Sept 2004 – Sept 2005: **Master of Medical Science (MMedSci) in Human Nutrition**
(Specialization: Clinical Nutrition)
Department of Human Nutrition, Faculty of Medicine, University of Glasgow, UK
- Sept 2000 – Jul 2004: **Bachelor (BSc) in Nutrition and Dietetics**
Department of Nutrition and Dietetics, School of Health Science and Education,
Harokopio University of Athens

PROFESSIONAL EXPERIENCE:

- Jul 2022- Today: **Assistant Professor,**
Nutrition, Toxic Agents and Metabolic Diseases, Department of Nutrition and
Dietetics, School of Health Sciences, University of Peloponnese.
- 2020- 2022: **Adjunct Lecturer,** Department of Nutrition and Dietetics, School of Health Sciences,
University of Peloponnese
- 2008- Today: **Dietitian-Nutritionist,** with license to practice
- 2007-2008: **Dietitian-Nutritionist / Diabetes Educator,** Roche Diagnostics Hellas S.A.
- 2005-2007: **Teaching Associate,** Clinical Internship Instructor
Department of Nutrition and Dietetics, School of Health Science and Education,
Harokopio University of Athens

OTHER TEACHING EXPERIENCE:

- 2020- 2022: **Invited Lecturer,**
Postgraduate Studies “Medical Genetics”, School of Medicine, National and
Kapodistrian University of Athens
- 2016-2022: **Invited Lecturer,**
Postgraduate studies Applied Nutrition and Dietetics, Department of Nutrition
and Dietetics, School of Health Science and Education, Harokopio University of
Athens
- 2020- 2021 & 2022-2023: **Invited Lecturer,** Personalized Nutrition through DNA analysis, Spin Off Genome
Analysis, Harokopio University of Athens
- 2009-2010: **Auxiliary Teaching,** Lecture: Molecular Biology and Genetics Department of
Nutrition and Dietetics, School of Health Science and Education, Harokopio
University of Athens

RESEARCH INTERESTS:

My research interests involve the study of human nutrition (macronutrients, foods, dietary patterns) in metabolic disorders (glucose, insulin and lipids) and metabolic diseases (coronary artery disease, non-alcoholic liver disease, obesity and diabetes mellitus). In addition, my research work involve the study of risk factors, with toxic effects (e.g. smoking, alcohol), The study of genetic susceptibility and gene x diet interactions is also a large part of my research activity.

PUBLICATIONS :

In total, my research work includes 32 research articles, published in international peer-reviewed scientific journals, with 15.787 citations, h-index of 26 and i10-index 30.

ORAL AND POSTER PRESENTATIONS:

In total, 7 oral and poster presentations in national and international congresses.

CHAPTERS IN ACADEMIC BOOKS:

- G. Dedoussis (2022). *Molecular Genetics*, Publisher UTOPIA, Co-author Chapter 18: Cardiovascular Diseases
- A. Zampelas (2022), *Clinical Dietetics and Nutrition*, Publisher Broken Hill Publishers LTD, Co-author Chapter 10: Introduction to Genetic Nutrition

SCIENTIFIC CONGRESSES:

- Invited speaker - 7 scientific congresses/conferences
- Member of Organizing and Scientific Committee -1st Symposium on Clinical Nutrition και 11th Congress of Nutrition and Dietetics, Hellenic Association of Dietitians-Nutritionists

DISTICTIONS AND AWARDS:

2005: Harokopio Institute Scholarship

OTHER ACTIVITIES:

Jan. 2021 -Mar 2023 **Guest editor**, International Journal of Environmental Research and Public Health (IJERPH), Special Issue "New Advances in Nutrition and Health" (https://www.mdpi.com/journal/ijerph/special_issues/advances_nutrition_health)

FOREIGN

English ●●●●● German ●●●○○ Italian ●○○○○

LANGUAGES:**IT SKILLS:**

Certificate of Basic IT Competence, University of Glasgow (2005), SPSS for Windows, Diet Analysis Plus & Nutritionist Pro, Plink